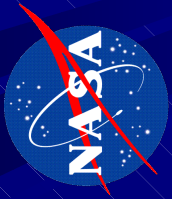




# **PHARMACOVIGILANCE IN SPACE**

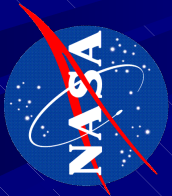
## **STABILITY PAYLOAD COMPLIANCE PROCEDURES**

**Vernie R. Daniels, M.S., R.Ph.**  
**Lakshmi Putcha, Ph.D.**



# Pharmacovigilance

- Pharmacovigilance is the science of, and activities relating to the detection, assessment, understanding, and prevention of drug-related problems.
- Over the last decade, pharmacovigilance activities have contributed to the development of numerous technological and conventional advances focused on medication safety and regulatory intervention.



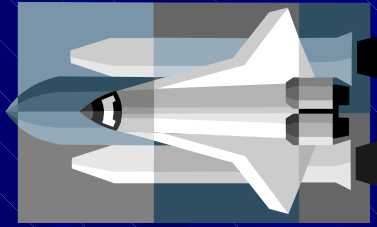
# Proactive Pharmacovigilance

- The challenge today is to move pharmacovigilance activities from detection to prediction, or from a reactive to a proactive operation.
- Proactive pharmacovigilance identifies important areas of uncertainty and puts in place the studies which reduce those uncertainties.



# A New Frontier

- As our civilization continues to expand its frontiers of exploration, there is a need to develop proactive countermeasures that reach beyond the scope of standard pharmacovigilance practice.
  - Therapeutic efficacy and safety of pharmaceuticals flown on the Space Transportation System (STS) and International Space Station (ISS) remain a critical issue for successful NASA medical operations.





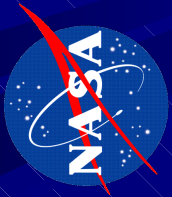
# Research Activities



The Pharmacotherapeutics Team at NASA – Johnson Space Center (JSC) developed a research project, (*Assessment of Pharmaceutical Stability in Analog Environments and in Space Missions: Ground and Flight Experiments – L. Putcha, P.I.*), designed to examine medication stability (shelf-life) after exposure to the conditions of Space (ISS and STS flights) utilizing a select group of medications from different:

- therapeutic indications
- dosage forms
- delivery systems





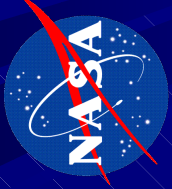
# PROJECT PURPOSE

- Provide valuable data regarding the degradation of key pharmaceutical compounds under the conditions of spaceflight.
- Define requirements and deliver recommendations for formulation, packaging, shielding and shelf life of drugs for exploration class missions.

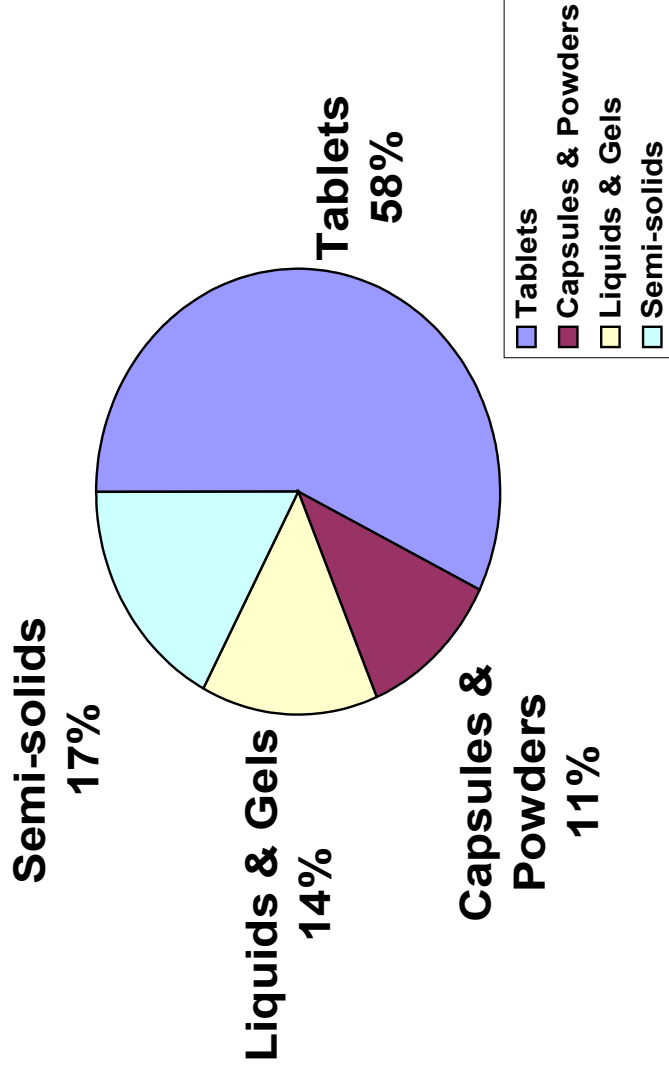
# METHODS



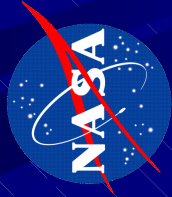
- Sixteen pharmaceutical kits consisting of 35 different medication formulations were packed at JSC and transported to Kennedy Space Center (KSC) under identical conditions to support three experimental conditions:
  - Spaceflight
  - Ground – Simulation
  - Ground Control
- Fourteen similar pharmaceutical kits consisting of 19 different medication formulations were customized and packed at JSC and transported to NASA Space Radiation Laboratory (NSRL), to support the ground – simulation experimental condition.
- All pharmaceutical kits will include a Temperature Data Logger and Passive Dosimeter recorder to record temperature, humidity, and radiation levels, respectively.



# Flight Stability Kit Components



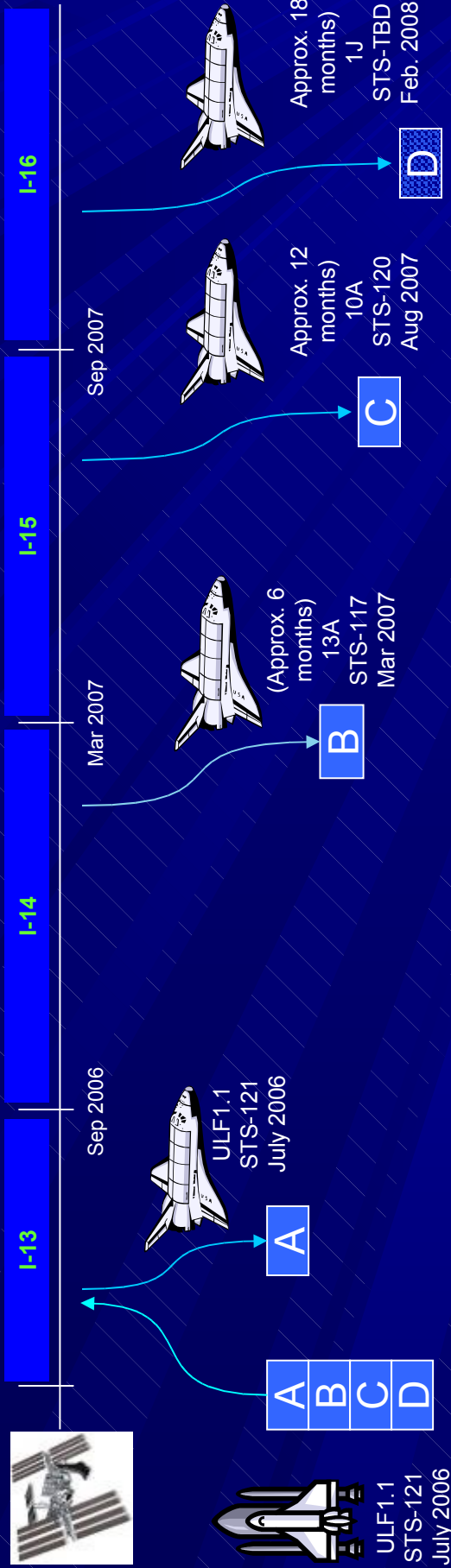
# Experimental Conditions



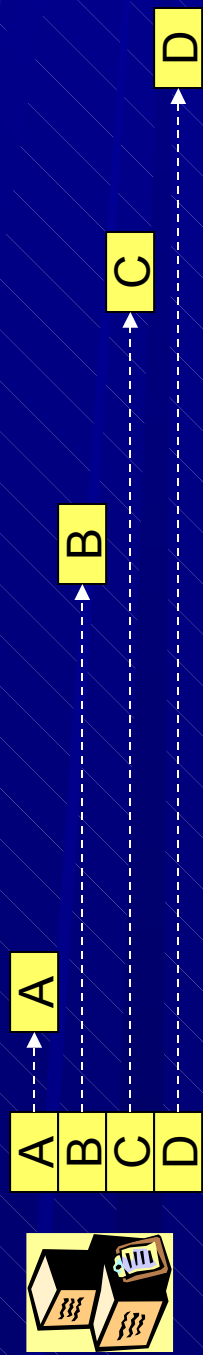
- **Spaceflight (STS, ISS)**
  - A payload containing 4 kits of medication will be flown on board the STS-121 for stowage on the ISS, and brought back after predetermined increments of space exposure for analysis on the ground.
- **Ground – Simulation**
  - 4 kits identical to the 4 kits designed for flight will be placed into a Orbiter Environment Simulator (OES) chamber in the Space Life Sciences (SLS) facility at NASA – KSC, simulating environmental conditions of the flight kits while on the STS and ISS.
  - 14 additional medication kits were assembled with medication formulations found in the flight kits; as well as additional medications of interest, and sent to NSRL for testing with a combination of radiation energies and heavy ion energies similar to those frequently encountered in space.
- **Ground Control**
  - The remaining 8 identically packaged stability kits of medications will be stored in secured facilities at KSC on the ground, until returned to JSC with the flight and OES kits.



# Research Project Logistics

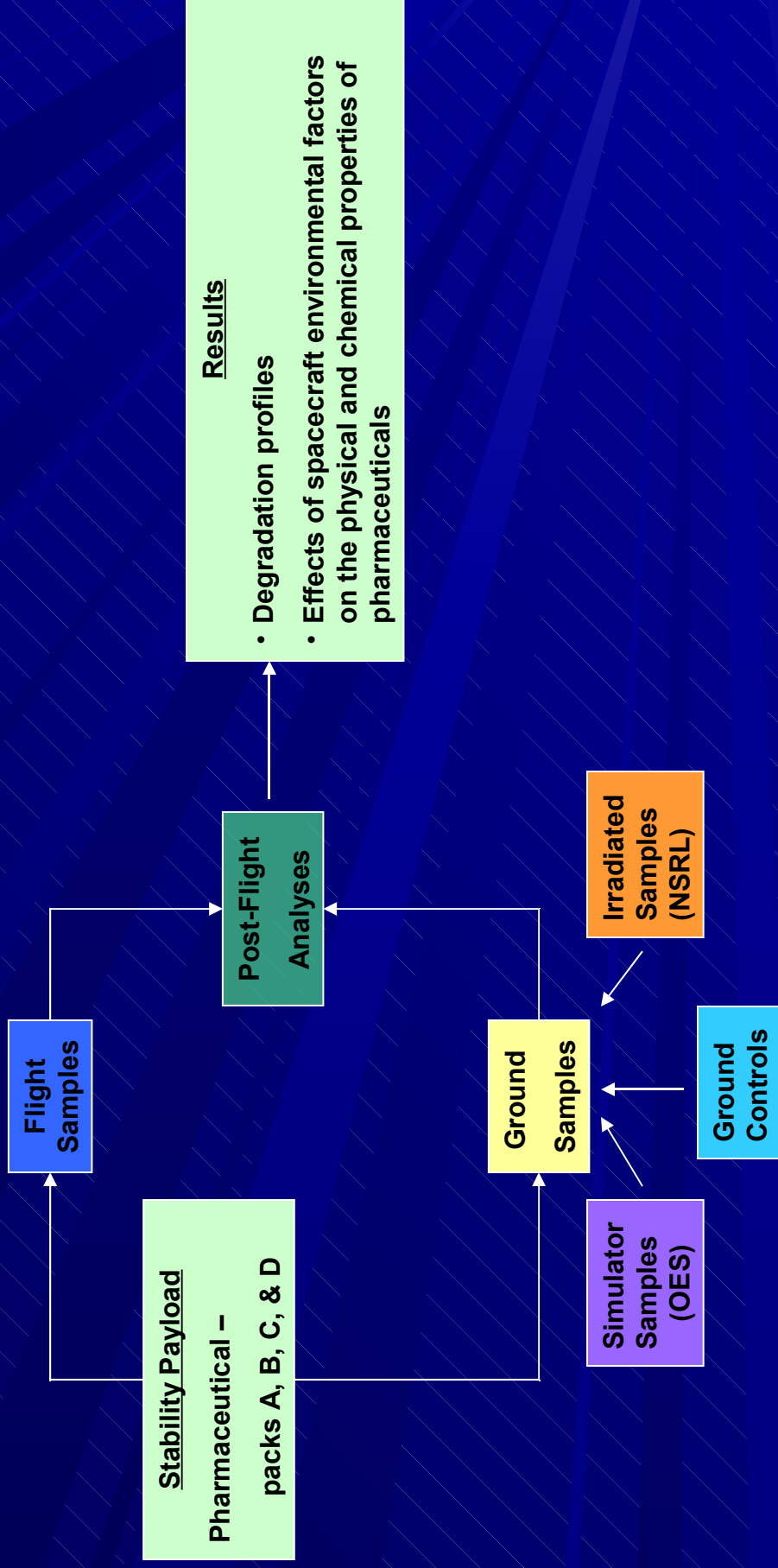
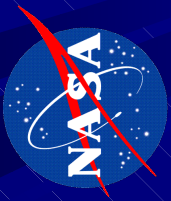


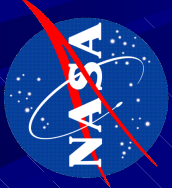
**Flight Samples – transported to ISS and stored for various time durations prior to return for analysis**  
**A, B, C, and D kits are identical and will contain pharmaceuticals, food, a dosimeter and temp. sensor.**  
**NOTE: All flight information is from the SPP Launch CR currently in review – not approved by program**



**Ground Controls – identical packets stored for durations equivalent to flight samples prior to analysis**

# Research Plan





# Pharmaceutical Stability Research Project

## Pharmacovigilance Aspects

### **A. Security / Control**

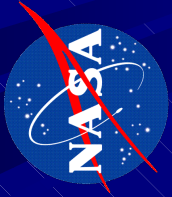
1. Regulatory Compliance
2. Storage
3. Medication Accountability

### **Packaging / Containment**

1. Flight Crew Safety
2. Environmental Barriers

### **C. Shelf-life Assessment**

1. Physical Characterization
2. Chemical Analysis (HPLC / UPLC)



# Security / Control

- The first pharmacovigilance action was to identify regulatory concerns with medication:
  - Transport and storage
  - Acquisition
    - Pharmacy state and federal regulations
    - Custody and control
    - Access
  - Accountability
    - Maintenance of required logs and files



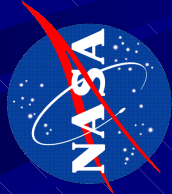
# Packaging / Containment Actions



- Customized Flight Hardware was designed and developed to:
  - Package the medication
    - Plastic pharmaceutical vials with attached snap lid
    - Zip-locked baggies
  - Contain the medication packages
    - Fabric medication kits with secured Velcro straps
  - Secure the stored medications during flight, and while being stored as Control group components on the ground
    - Locked and integrity sealed transport containers
- Materials were selected to:
  - Contain the medications sufficiently to avoid Crew injury from loose debris
  - Comply with weight and space limitations



# Packaging / Containment Actions



Pharmaceutical Stability Kit



Medication Flight Containers

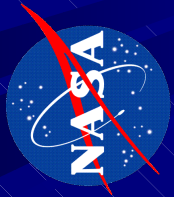


Flight Kit Locker



Stability Kit  
Transport Container





# Shelf-Life Assessment

Adverse effects on pharmaceutical stability compromise medication safety and efficacy, by increasing risk of :

- treatment failure
- development of toxic degradation products

# Stability Assessment Parameters

## ■ Physical Parameters

– Medication samples will be visually inspected, measured, and photographed to document their physical characteristics:

- Weight Variation
- Size / dimensions
- Description (appearance)
- Clarity, texture





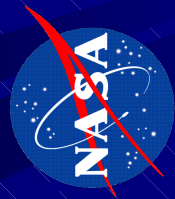
# Stability Assessment Parameters

## ■ Physical parameters for Solid dosages

- Tablets will be subjected to two quality control test used to evaluate the effects on dosage uniformity potentially resulting from the rigors of transport, storage, and flight.
  - Tablet hardness test
  - Tablet Friability test
- Solid-filled capsules and dry powders will be microscopically examined to acquire particle size measurements.
- Aqueous formulations will be examined for changes in pH.
- Sterile formulations will be tested for microbiological contamination.



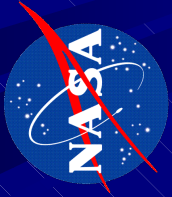
# Stability Assessment Parameters



## ■ Chemical Content

- The medication samples will be analyzed for Drug Content Uniformity to assure the uniformity of the active ingredient using validated stability-indicating assays.
  - High Performance or Ultra Performance Liquid Chromatography (HPLC, UPLC)
  - Samples that show a significant loss (*10% or more*) of active ingredient compared to the labeled strength will be further analyzed using LC-MS to identify degradation products.
- Solid and semisolid medication samples will be tested for rate at which the active ingredient is released from the dosage form using a standard dissolution or diffusion testing apparatus.

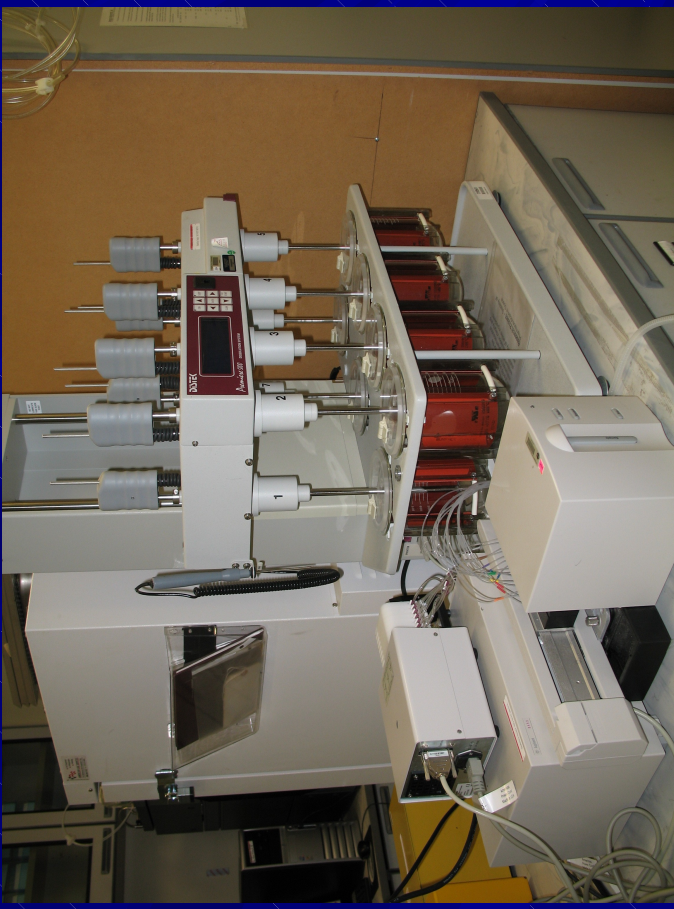




# Chemical Content Analysis



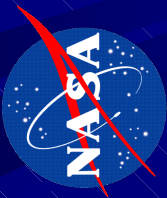
**UPLC for Content  
Uniformity Assessment**



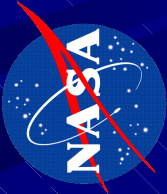
**Dissolution Testing Apparatus**

# Preliminary Results

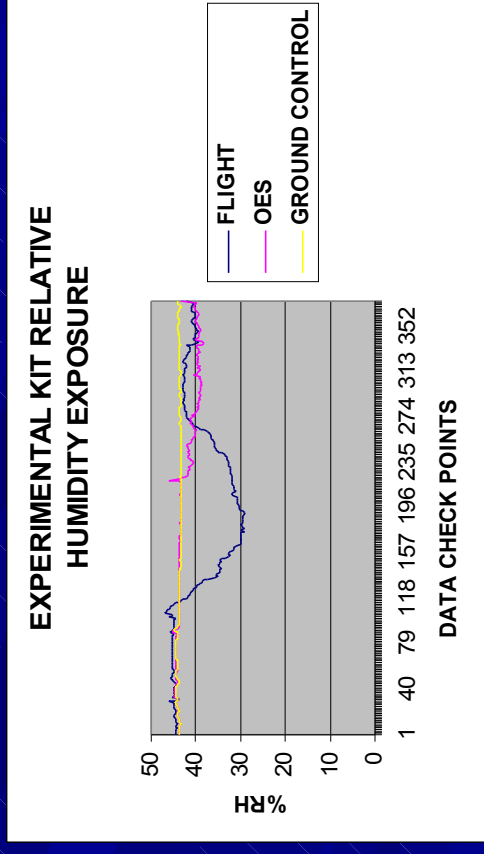
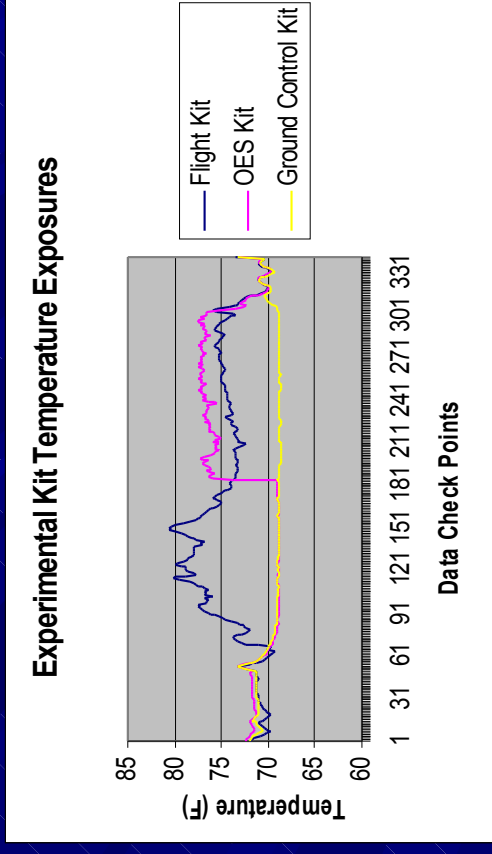
- The first kit flown on a shuttle flight was returned
- Ground control environmental conditions data, temperature and Relative Humidity have been compiled
- Physical assessment and chemical analyses have been completed for all flight and ground analogue samples.
- Dissolution and diffusion rate determinations of active compound for all dosage forms is currently in progress



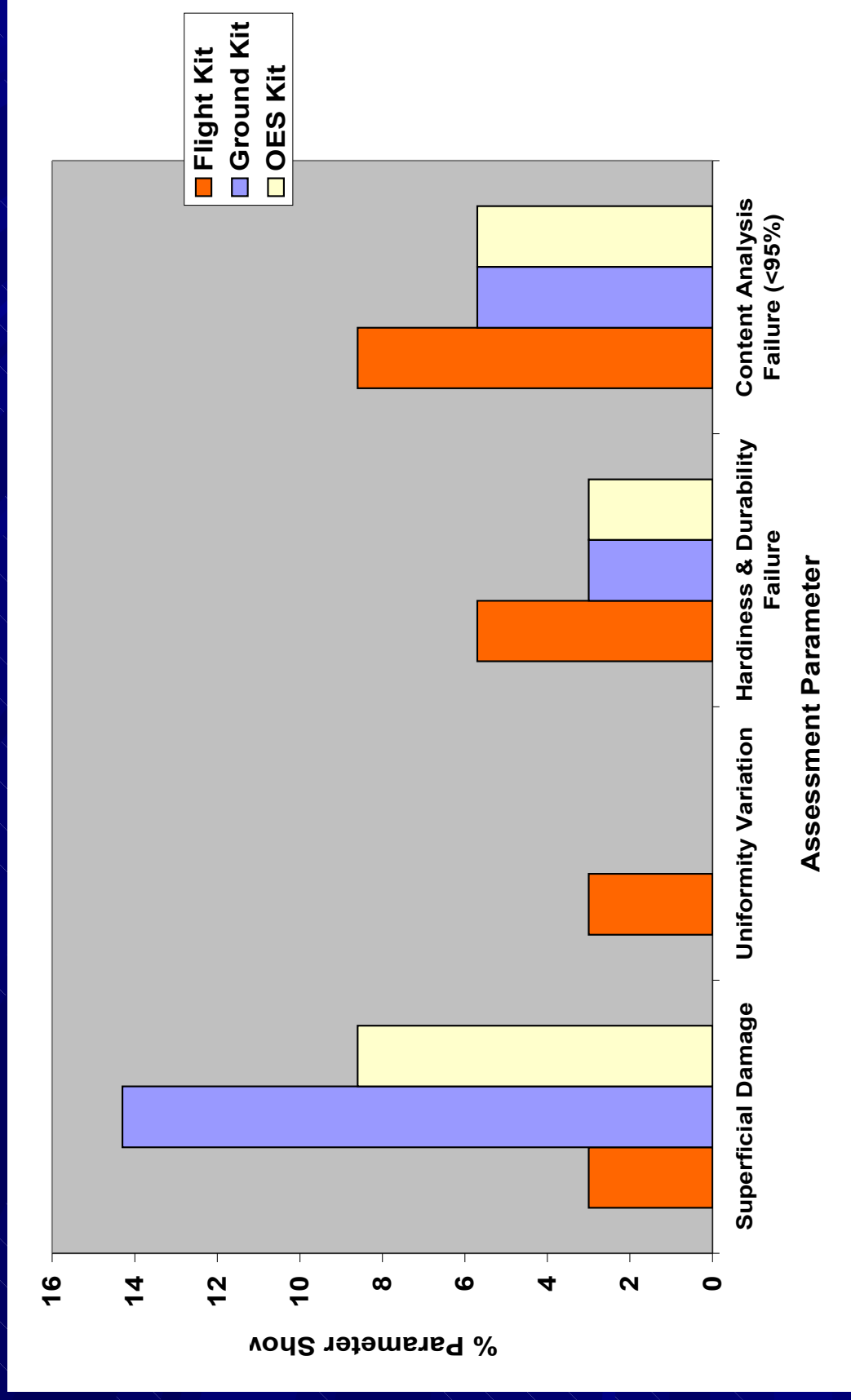
# Temperature / Humidity



- The temperature and humidity data loggers recorded 12 data points/day (q2h).
- Data points obtained pre-flight from 6/22/06 @ 6:00AM (1 hour prior to kits removal from the storage lab locked cabinet for STS-121 Bench Review), until 7/20/06 @ 2:00PM post-flight (when the kits were placed back in their initial storage lab locked cabinet).



# Changes in Physical and Chemical Assessment Parameters







# Observations

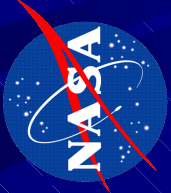
- For this first flight increment, at least 80% of medications in the three flight experimental kits (flight, ground simulator (OES), ground controlled), performed well, as demonstrated by lack of physical or chemical assessment criteria failure.
- None of the medications in either of the three flight experimental kits were discolored.





# Conclusions

- The science of pharmacovigilance should begin to explore customized regulatory and pharmacy practice interventions that address the unique concerns of space travel and exploration.
- These interventions will be crucial in the development of a blueprint for the next frontier of pharmaceutical research and clinical practice.



# ACKNOWLEDGEMENTS

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- KSC Environmental Lab at Cape Canaveral Air Force Station
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